



# Cultural Preservation: Food & Family

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## Key Vocabulary:

*Grocery Shopping*

*Cooking*

*Eating*

*Washing up*

*Sweet*

*Sour*

*Bitter*

*Salty*

*This tastes ...*

*These taste....*

*I like/don't like ....*

*(My) ... likes/doesn't like ...*

*It tastes delicious!*

*Mother/father*

*Grandmother/father*

*Aunt/Uncle*

*Children/Son/Daughter*

## Lesson Overview:

This lesson is the fourth in a series focusing on cultural preservation. In this lesson students will learn vocabulary related to preparing and sharing meals. Students will practice following a recipe to prepare a snack together. They will share food traditions from their cultures and some of their favorite foods. If desired, a recipe and cooking directions for a traditional food can be saved to include in a cultural preservation book\*. Names for family members will be reviewed or introduced, and language for sharing likes/dislikes will be practiced. Students will have the opportunity to share food together.

\* Cultural preservation books are an optional part of these lessons. Culture can be shared and celebrated with or without this component. If you decide to print books, material from the four cultural preservation lessons can be saved for inclusion, preferably translated into English and the students' first language.

## Objectives:

- Students will review names for family members.
- Students will learn vocabulary for describing foods and words to indicate food preferences.
- Students will describe a traditional recipe from their home cultures, including ingredients and steps for preparation.
- Students will read and follow instructions in a simple recipe.
- Students will practice using polite phrases, including compliments.

## Materials Needed:

- Conversation Card: *Food & Family*
- Food, including something salty, sweet, bitter, and sour
- Recipe with ingredients
- Worksheets: Vocabulary, Odd one out, Likes & dislikes
- Large paper
- Optional: ask students bring a traditional food to share